

Islam Practices: Knowledge Organiser

5 Pillars of Islam: Sunni	10 obligatory acts: Shi’a
- Shahadah (faith) - Salah (prayer) - Zakah (charity) - Sawm (fasting) - Hajj (pilgrimage)	- Include: Salah, sawm, zakah, hajj and jihad (shared with Sunnis). - Shi’a-specific acts: • Khums • Encouraging good • Discouraging evil • Loving God and righteous people • Avoiding the enemies of God

Shahadah	Statement of faith; First thing whispered into a new born babies ear and a part of Muslim prayer
Key Quote	"There is no God but Allah and Muhammad is the prophet of Allah" Shahadah – Qur’an

Salah (Prayer)	Ritual prayer performed 5 times a day for Sunni and 3 times a day for Shi’a Muslims. Done facing the Ka’ba in Mecca at set times. - Brings Muslims closer to God - Muhammd told Muslims to pray 5 times a day - Unites the Muslim community praying at the same time in one direction
Wudu (absolution)	Washing before prayer, the face, arms and feet - Ensures Muslims are pure before speaking to Allah in prayer. - Refocuses Muslims to be in right state of mind for prayer
Jummah	Friday prayers all men must attend if they can at the Mosque. Includes a sermon (talk) on a part of Islam to teach followers about their faith.
Rak’ahs	Set movements during prayer e.g. putting hands up to your ears or kneeling down
Prostration	Putting your head on the ground to show total submission to Allah during prayer
Prayer at home	- Easier for Muslims who don’t live near a Mosque or have young children - Still face Mecca and do wudu
Prayer at Mosque	- Prayers count for more in Islam if they are done in a group - Help and support to pray properly from other Muslims
Key Quote	“Bow down in worship and draw close” Qur’an

Almsgiving	Giving money to charity - Helps to make society a fairer and more just place as Allah would want - Muhammad said to pay alms and did it himself
Zakat	Giving 2.5 of your excess (left over) wealth to charity each year. - Done by Sunni and Shi’a Muslims - You have to have over a set amount (Niqab) to - Intended to make society fairer
Khums	Shi’a practice of giving 20% of your income to charity - Half goes to charity and half goes to religious leaders to pay for the Mosque
Key Quote	"God is well aware of whatever good you do.” - Qur’an

Sawm (fasting)	Not eating, drinking or having sex from sun rise to sunset during the month of Ramadan. - Celebrates the Qur’an being revealed to Muhammad - Some people don’t have to do it; ill, pregnant women, children - Teaches discipline and empathy for the poor.
Iftar	Eating at sunset and breaking your fast, best done together and often done at the Mosque.
Ramadan	Month of the Muslim calendar where the Qur’an was revealed to Muhammad and Muslims fast to celebrate.
Night of Power	The night in Ramadan that the first part of the Qur’an was revealed to Muhammad. A night Muslims spend reading the Qur’an and praying as prayers count for more.
Key Quote	“You who believe, fasting is prescribed for you” Qur’an

Hajj (pilgrimage)	A religious journey every Muslim who is able must perform once in their lifetime to go to Mecca and do a set of rituals over a specific week, ending in the festival Eid Ul Adah.
Ihram	State of purity Muslims must be in on Hajj, dressed in two white sheets like a burial shroud to show equality.
Ka’ba	Black box that is the house of God, built by Adam, then rebuilt by Ibrahim and cleared of false idols by Muhammad. - Muslims walk around it 7 times at the start and end of Hajj
Arafat	Where Muhammad gave his final sermon - Muslims pray and ask for forgiveness, this is the most important part of the Hajj - Seen as a rehearsal for the day of judgement
Mina	Three tall stone pillars called the Jamarat with a walkway around them. - Muslims throw stones at the pillars which represent Satan and temptation - Re-enacts what Ibrahim did when Satan tried to tempt him not to sacrifice his son in the story celebrated at Eid Ul Adah.
Key Quote	“Complete the pilgrimages... for the sake of God” Qur’an

Festivals	
Eid Ul Fitr	Festival celebrating the end of Ramadan - Celebrated at the end of the month of Ramadan - Muslims give Zakat during this festival - Listen to the Imams sermon at the Mosque about forgiveness and charity
Eid Ul Adah	Festival of sacrifice - Celebrates when Ibrahim was prepared to sacrifice his son to God - Sacrifice a lamb to remember God providing a lamb in place of Ibrahim’s son - Listen to a sermon at the Mosque about Devotion and Ibrahim’s faith.
Ashura; Sunni	Day of atonement - Remember Moses leading Jews out of Egypt and Noah leaving the ark - Pray, give to charity, go to Mosque.
Ashura; Shi’a	Commemoration of the death of Imam Hussain - Hussain was killed for refusing to join an evil tyrant called Yazid, him and all his family were murdered in retaliation. - Muslims retell the story of Hussain’s death - Give blood to re-enact Hussain’s sacrifice

Greater Jihad	Daily struggle to be a good Muslim e.g. doing daily prayers, giving to charity etc.
Lesser Jihad	Struggle to defend Islam and Muslims, see peace and conflict topic