

## Pastoral support for students

At Bishop Fox's School we believe it is essential that all students know that they have a full support network of teaching and support staff that they can turn to in the event of any needs.

If as a parent / carer or student you are experiencing concerns there will always be someone to talk to that will be able to provide support, care, guidance or advice, whether these are difficulties in or out of school.

The range of support at Bishop Fox's School from the Child Protection Team to the Welfare and Pastoral Support Officers is summarised on the poster below. This information is promoted to all students and clearly visible around the school site.



# BISHOP FOX'S SCHOOL



**MRS KING**  
Student Welfare  
and Medical Needs  
Officer



**MR MILLAR**  
Deputy Head  
Designated Safeguard Lead



**MISS CLARKE**  
Deputy Designated Safeguard Lead  
Head of Year 7



**MISS LOWBRIDGE**  
Deputy Designated  
Safeguard Lead



**SUZY HIRONS:**  
School Nurse



**MR HAYBALL**  
Pastoral Support Officer

**WHO CAN I TALK TO?**

**IF YOU ARE WORRIED ABOUT YOURSELF OR A FRIEND,  
WE CAN HELP IN STUDENT SERVICES**

*Worries might include:*

- Personal safety •
- Stress and anxiety •
  - Bullying •
  - Friendships •
- Worries about school work •
- Health and mental health issues •

Support within school includes:

Child Protection Team that is experienced in providing support for issues relating to student welfare.

Tutor based care, guidance and support including regular 1:1 mentoring sessions.

Heads of Year, Pastoral Support Officer (Rob Hayball) and the Medical / Welfare Officer (Suzanne King) 1:1 mentoring and support.

School Health Clinic run by NHS Nurses and supported by the school Medical / Welfare Officer on a weekly basis as either a drop in clinic or for 1:1 support.

Parent Family Support Advisor (PFSA) that is able to provide support to families and young people in a broad range of areas.

Anxiety support groups for students that are experiencing anxiety, these groups are run in conjunction with our CAMHS link worker and the school Welfare Officer.

Pastoral Support Officer (Rob Hayball) and Heads of Year to offer support and guidance over a variety of concerns for parent / carers and students.

School Counsellor that is able to support students on the basis of referrals from Heads of Year and Welfare Officers.

Careers advice through our Careers Advisor (Diane Dalling) for further education, work experience, careers guidance and transition to College.

In addition to this, we are experienced in working with a broad range of support services, including the school's allocated Educational Psychologist, Parent and Family Support Advisor (PFSA), CAMHS and Linked Worker, Adolescent Support Workers (Team 4), Children's Social Care and GetSet. Further support with other agencies, organisations and charities is accessed as necessary ensuring that we are able to offer the best support for each of our students.

Further support outside of school can be found at these services listed below.

(We have checked these sites for content and are signposting these for your assistance. We are not affiliated with these sites and cannot therefore control the content of the pages. If there are any concerns with these sites please get in contact with them.

### **Barnardo's Mandela Project**

Bereavement therapy and group work for young people affected by domestic abuse. Currently only accessible via referral.

### **Child and Adolescent Mental Health Services (CAMHS)**

We provide a specialist mental health service for children and young people aged 0 – 18 (up to 19 for young people with additional needs), who may be experiencing a range of mental health problems. The overall goal of our service is to enable children and young people to achieve a fulfilling, meaningful life, and a positive sense of belonging in their community.

### **CHILLine**

ChildLine is a private and confidential service for children and young people up to the age of nineteen. You can contact a ChildLine counsellor about anything – no problem is too big or too small

### **Minded**

MindEd is a free educational resource on children and young people's mental health for all adults.

### **Samaritans**

Talk to The Samaritans any time you like, in your own way, and off the record – about whatever's getting to you. You don't have to be suicidal.

### **Somerset Young Carers**

Our Young Carers Support Service provides support, advice and respite breaks for children and young people aged 8 to 18 who have substantial caring responsibilities at home.

Our definition of a Young Carer is: if you are aged 8 to 18 and look after someone by providing substantial and regular care that persists over time and is important in maintaining the health, safety or day-to-day well-being of the person cared for and the wider family.

The types of tasks being carried out are often regular, significant or substantial which would usually be associated with an adult. The term does not apply for everyday and occasional help around the home that may often be expected of or given by children in families.

This could be helping to care for a physically disabled parent or sibling, or a parent experiencing mental ill health, alcohol or drug misuse. The caring role would usually be

having a detrimental impact on the young person's development, such as difficulties at school, emotional difficulties or social isolation.

### **Somerset Suicide Bereavement Service**

This is a service to support anyone in Somerset who has recently been bereaved by suicide. We offer specialist emotional support, guidance about sorting out personal affairs, liaison with the Coroner's Office, the Police, the media, and when asked, with faith groups. We also provide help to those who are supporting children who have been bereaved. The Suicide Bereavement Service is open to people who have recently been affected by suicide. You can contact us directly or we accept referrals from doctors and other professionals and agencies.